

SAFETY ACTION PLAN

ACTIVITY: ADVENTURE RUN
LOCATION: RIVER BEHIND GYM

GROUP LEADER...

- Disclose relevant medical conditions
- Fulfil responsibilities in SAP below
- Assist with bottom position
- Responsible for overall group management

PARTICIPANTS...

- Comfortable (but not loose) clothing
- Long hair tied back
- Covered footwear for river wade

INSTRUCTOR...

- Pass internal training and assessment program
- Current first aid certificate

RESTRICTIONS

- Over 10 years old
- No back injuries
- Not suitable for pregnant woman

RATIOS

- 1 Instructor: 10 students
- 1 Instructor + 1 Adult: 15 Students

What could go wrong? 'The potential harm'	What would cause it to go wrong? 'The hazard'	How could we prevent it from going wrong? 'The mitigation'	Responsibility of?	When will it be done?	Emergency Plan
Death/serious injury (fall from height., drowning)	<ul style="list-style-type: none"> - Inadequate instruction - Failure to follow instruction re: procedures and boundaries - Equipment failure - Flooded river - Caught on submerged object 	<ul style="list-style-type: none"> - Instructors are suitably qualified - Clear instructions are given - Listen attentively and follow instructions - Regular inspections - Activity must not take place while river is in flood - Pre-check river for hazards and correct depth - Remove loose clothing 	TSCC TS instructor Participants + Group leaders TS instructor TS instructor	Before Beginning & During Prior to setup + Monthly inspection Beginning & During	<i>Suspected major injury</i> <ul style="list-style-type: none"> - All to vacate top level of site - Instructor to coordinate first aid - Instructor to radio to main office to arrange for ambulance or extra assistance - Assess if activity can continue
Impact injury (Ground Falls, Collisions)	<ul style="list-style-type: none"> - Falling off wall/A-frame -Slipping on wet trail 	<ul style="list-style-type: none"> - Take care when scaling wall - Spotters to pay attention while others are scaling - Managing group speed during bad weather 	Group leaders + TS instructor Group leaders + TS instructor	Before + During During	<i>Entrapment</i> <ul style="list-style-type: none"> - Instructor to follow procedure to release trapped item
Entrapment (hair, clothing, fingers)	<ul style="list-style-type: none"> - Inappropriate clothing - Long hair - Hand position - Submerged object 	<ul style="list-style-type: none"> - Remove loose clothing - Tie back long hair - Listen attentively to instructions - Pre-check river for hazards and correct depth - Kids must be wearing shoes 	Participants + Group leaders TSCC	Before & during	<i>Other/ Minor Injury</i> <ul style="list-style-type: none"> - Group leader to administer first aid
Bumps, bruises, scrapes, strains, sprains	<ul style="list-style-type: none"> - Uneven/slippery surface - Fallen foliage creating slippery surface - Scraping back on entry to the pipe 	<ul style="list-style-type: none"> - Wear appropriate footwear - Remove overhanging branches and clear track - Ensuring that kids are fully laying down before entering 	Group leaders TS instructor Participants	During Prior to setup + Monthly inspection During	
Exposure to elements (sun, wind, temperature)	<ul style="list-style-type: none"> - Long periods out in the sun, river, wind and rain without correct clothes 	<ul style="list-style-type: none"> - Move to an indoor activity during "bad weather" - Ensure the group has adequate clothing 	TS instructor Participants + Group leaders	Before Before & During	
Psychological harm	<ul style="list-style-type: none"> - Fear of heights - Being bullied or forced to participate 	<ul style="list-style-type: none"> - Challenge by choice - Group encouragement 	TS instructor Participants + GL	During	

Please note: The Instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. **Serious Hazards are highlighted**

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